



DINING SERVICES

Glen Meadows

From a casual bistro meal to a full-course gourmet experience, our Dining Services team offers meals to match everyone’s tastes. Entrée selections vary from robust traditional meals to heart-healthy fresh selections. Delectable lunch menus can include hot entrées, daily specials, made-to-order sandwiches, soups, salads and desserts.

To help us best meet resident preferences and dining wishes, our in-house team meets regularly with the Resident Dining Committee to discuss feedback and suggestions. This dialogue aligns with our ongoing commitment to providing the highest standard of enjoyable dining experience possible.

Meal Plans	Monthly Rate/Per Person
Dining Choice Flexible Meal Plan	\$375/declining balance
Opt Out Credit	\$64.50
Meal Deliveries	\$7.50/per meal

Rates effective January 1, 2026. Subject to change and availability. Meal plan costs are in addition to monthly fees.

Bell Tower Café

- Bell Tower Café offers breakfast Monday-Sunday from 8:30 to 9:30 a.m., lunch is served Monday-Saturday from 11 a.m. to 1 p.m. and dinner is served Monday-Saturday from 4 to 6 p.m.
- Sunday Brunch is served from 11 a.m. to 1:30 p.m., closed for dinner.
- Also offers an a la carte always available menu.

The Notchcliff Dining Room (Reservations recommended)

- Breakfast and lunch, closed.
- Dinner is served Monday-Friday from 4:30 to 6 p.m.
- Notchcliff to-go orders available Monday-Saturday during normal business hours. Orders must be submitted by noon for same day service.
- Residents have three daily features and a full seasonal restaurant menu.

Private Tea Room

Our private Tea Room is available for birthdays, anniversaries or other important occasions.

The Dining Choice/Flexible Meal Plan includes breakfast, lunch or dinner meal in the dining room or café.

You may also choose to “opt out” of the meal program and receive a credit and pay the guest rate for any meal eaten.

Dietary Services can be important to your well-being and independence. These services include but are not limited to: dietician consults and meal delivery service. Catering and special events as requested. Pricing is provided through quotation from the Catering Manager.



11630 Glen Arm Road | Glen Arm, MD 21057
410-319-5320 | www.psl.org/glenmeadows



Pricing is subject to change without notice. It is our policy to admit residents without regard to race, color, national origin, age, ancestry, sex, religious creed, handicap or disability.